

MESSAGE NOTES

PRACTICAL APPLICATION | Walking It Out

1. Give everyone something to write with and write on. Have everyone write something down that they are worried about. Something that is taking away their focus of God and His power and goodness. As Pastor Rusty said, "Give God what I can't do." Allow everyone a chance either aloud or silently to pray for what they wrote down. At the end, have everyone throw the piece of paper in the trash.

2. Take the Challenge: "12 minutes of daily prayer...can change your brain!" Find the time, mark your calendar, set a reminder, whatever you need to do! How can you make this happen for your life over the next 8 weeks? If you need help in structuring that 12 minutes, follow the acrostic ACTS.

A-adoration – Spend time praising God for who He is and what He's done.

C-confession – Be open with God about your sins and how you've struggled.
He already knows.

T-Thanksgiving – Thank God for how you've seen Him provide for you, protect you, and all the blessings you have.

S-Supplication – Ask God for what you need and for the needs of others.

PRAYER REQUESTS _____

Series: Weeds In My Garden
"Tending the Garden"

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Church360
September 14, 2025

NOTES:

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SMALL GROUP DISCUSSION QUESTIONS

For the week of September 14, 2025

OPENING DISCUSSION | Let's Get the Discussion Started

1. What does your “to-do list” look like for this week?
2. In a typical week, how successful are you at accomplishing your to-do list?
What do you do to help create this success?
3. Philippians 4:8 says to think about things that are “true, noble, right, pure, lovely, admirable, excellent or praiseworthy.” What are examples of those things?

How could focusing your hearts/minds on those things instead of news, social media, health issues, gossip, TV, etc. change your daily attitude?

BIBLICAL REFLECTION | What Does God Say About This?

1. Where is *pray* at on your daily/weekly to-do list?

If you have a regular time for prayer, how did you develop that rhythm?
2. Philippians 4:7 says that God’s peace “transcends all understanding.” Where or when have you seen or experienced that kind of peace?
4. Pastor Rusty encouraged us to “Do what we can,” and “give God what we can’t do.” When it comes to the worry in your life, what is something you CAN do about it?

What part of that worry do you need to hand over to God because you CAN’T do anything about it?