

# MESSAGE NOTES

Habits series: Workaholism  
Text: Matthew 6:19-34

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Crossroads Christian Church  
June 12, 2022

Spiritual disciplines are basically those regular practices that produce

\_\_\_\_\_.

Addictions are divided into two broad categories; \_\_\_\_\_

addiction and \_\_\_\_\_ addiction.

You can't find your \_\_\_\_\_ in your occupation!

Seven things you can do to break bad habits in you life:

1. \_\_\_\_\_ it.

2. Change your \_\_\_\_\_.

3. Set healthy \_\_\_\_\_.

4. Keep a \_\_\_\_\_.

5. Schedule \_\_\_\_\_.

6. Make time for a \_\_\_\_\_.

7. Confront your \_\_\_\_\_ and \_\_\_\_\_.

Work \_\_\_\_\_, not \_\_\_\_\_.

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